

## **Education Committee Meeting**

Monday, September 21, 2020 6:00 PM - 7:00 PM (MDT)

### **Minutes**

**Present:** Lisa Lefebvre                      David Crockford                      Gaurav Mehta  
                    Melanie Willows                      Ron Fraser                      Rebecca Hebert (Recorder)

**Regrets:** Peter Butt

**Absent:** Yelena Chorny                      Ralph Dell’ Aquilla                      Hanka Hulsbosch                      Meldon Kahan  
                    Wip Lamba                      Larina Reyes – Smith                      Sharone Cirone                      Simon Dubreucq  
                    Launette Rieb                      Stephanie Marsan                      Elise Roy                      Marlon Danilewitz  
                    Tuxephani Winsor                      Naved Ali                      Anees Bahji

1. Call to order: 6:05pm MST – L. Lefebvre
2. Adoption of Agenda & Additions
  - Additions –
    - i. COI form – M. Willows - Both the Committee Chair and the Committee members will have to fill out a COI for the 2020/2021 year
    - ii. Annual Committee Report for Annual BOD Meeting: has been sent to L. Lefebvre with deadline in 2 weeks, if any questions or issues with the completion to reach out to M. Willows
  - Agenda adopted and approved
3. Review of Last Meeting Minutes from June 8, 2020 (Appendix 1)
  - Minutes from June 8<sup>th</sup> have been accepted and approved
4. 2020 CSAM Fundamentals Course – Naved Ali
  - R. Fraser provided the update as N. Ali was absent
  - 15 course topics
    - i. Addiction: A Biopsychic – social Spiritual Model
    - ii. Screening Assessment and Brief Intervention
    - iii. Alcohol Use Disorder: Assessment and Treatment
    - iv. Skill Session: Outpatient Alcohol Withdrawal Management
    - v. Cannabis
    - vi. Stimulate Use Disorder
    - vii. Skill Session: OAT Primer for Office Practices
    - viii. Concurrent Disorders

- ix. Tobacco and Nicotine Addiction
  - x. Rational Approach to Rx and OTCs in Recovery
  - xi. Skill Session: Deprescribing – How to Taper Rx Opiates & Benzodiazepines
  - xii. Process Addictions: Gambling, Sex, and the Internet
  - xiii. Evidence Based Psychosocial Treatments for Addictions
  - xiv. Evaluating Treatment Effectiveness
  - xv. Skill Session: Five Minute CBT Office Interventions
- Scheduled to be 20-25min sessions to hold people's attention
  - N. Ali contacted R. Fraser last week about speakers
    - xvi. N. Ali provided an update on speakers, stated there was a miscommunication and speakers for the sessions were not confirmed. N. Ali currently sending out emails to ask individuals to participate
    - xvii. Diversity in speakers are good
  - There is no plan to make use of any of the Alberta Health Service Modules this year
  - B. Hebert shared the October 18<sup>th</sup> deadline for presenter materials needed for the conference
    - xviii. It was decided that this was a tight turn around
    - xix. Having the Fundamentals speakers confirmed has now become a priority by the end of the week
      - R. Fraser to reach out to N. Ali for this information
  - If the speaker confirmations are not produced by the end of the week, the Education Committee would like to turn to a plan B (R. Fraser will let M. Willows know and an urgent meeting would be set up at the end of the week to also include J. Brasch)

## 5. 2021 Committee Activities

- Brainstorming Session
- L. Lefebvre and B. Herbert to confirm who the active members are on the Education Committee
- This committee has been extremely focused on Fundamentals over the last year, a new project may excite current members to become more active
- At the next meeting L. Lefebvre to advertise it will be a brainstorming session to discuss new projects and focuses
- R. Fraser recommended that we have a smaller working committee and an at large committee
- The at large committee would be available when the working committee needs their guidance and involvement

6. Next meeting: Becca to send date options to L. Lefebvre week or two after the conference
7. Adjournment: 6:59pm MST – L. Lefebvre

**Action Items:**

**L. Lefebvre**

- Contact Tux Winsor about the Health Services Module Update
- Discover who the active members are on the Education Committee
- Advertise that the next Education Committee meeting will be a brainstorming session
- Complete the Annual Education Committee report for the annual BOD meeting and send to B. Hebert

**R. Fraser**

- Contact N. Ali about the Fundamentals course. More specifically let him know of the speaker deadline
- Update M. Willows by Thursday, September 24<sup>th</sup> in regard to whether all speakers are confirmed for the conference as per information received from N. Ali

**M. Willows**

- If advised this week by R. Fraser that there are issues with speaker confirmations for the Fundamentals, will set up an urgent meeting with R. Fraser and J. Brasch

**B. Hebert**

- Send TOR to L. Lefebvre
- Discover who the active members are on the Education Committee
- Send out doodle poll for the next meeting